

## PARK COUNTY SENIOR COALITION

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9/5/2018

Dear Park County Resident;

Park County Senior Coalition is pleased to support the <u>state and regional efforts</u> to gather input from our community to advise the 4-year plan for senior services in Park County.

You can participate in three ways:

- 1) Attend a community forum September 19<sup>th</sup> at the Shawnee Community Center 9-10:30am or at the South Park Seniors Community Center 1-2:30pm.
- 2) Return this form to Park County Senior Coalition by September 19<sup>th</sup>, 2018.
- 3) Mail your comments to Park County Senior Coalition by September 30<sup>th</sup>, 2018.

## Let your voice be heard!

## Public Input on Region IV Area Agency on Aging Plan 2019-2022

	Mark if "yes"							
1.	My age is:	$\bigcirc$	Under 60	$\bigcirc$	75-80			
		$\bigcirc$	60-65	$\bigcirc$	80-85			
		$\bigcirc$	65-70	$\bigcirc$	85+			
		$\bigcirc$	70-75	$\bigcirc$	I am a caregiver (any age)			
2. I live in Park County: Yes No								
	3. Over the last year, has your day-to-day life (or that of your loved one)							
		$\bigcirc$	Improved?					
0			Stayed about the same?					
			Become more difficult?					
4. Since this time last year are you (or is your loved one)								
		Healthier?						
		$\bigcirc$	About the same?					
		$\bigcirc$	Less healthy?					
	5. What is your (or your loved one's) biggest challenge,							
	and what would you like us to know about it?							

- 6. What one thing will help you (or your loved one) the most to remain independent as you (they) get older?
- 7. When you think about remaining independent, how valuable to you (or your loved one) is each of the following services? Please rank these services in the order of their importance (1 16).

		Five Years	<b>5</b>
	Currenty	From Now	Description
Transportation			Includes group trips for
			shopping, errands, meal
			sites, senior centers, or
			recreation, and
Hala wills a shiften and share			individual medical trips.
Help with solving problems			Assistance in navigating
			healthcare, insurance,
			identifying service providers, making a care
			plan.
Help with seasonal chores			Includes snow removal.
Tielp with seasonal chores			carrying wood, fire
			mitigation, chimney
			sweeping, moving furniture,
			and spring cleaning.
Meals			Shelf stable and frozen
Wiedis			meals delivered to your
			home.
Health Classes			Mobility, fall prevention,
Troditir Oldooo			pain mitigation, nutrition,
			balance.
Mental Health Services			Memory screening,
			counseling.
Medicare Information			Insurance assistance.
Homemaker Services			Housekeeping, meal
			preparation.
Information and Referral			Assistance identifying and
			accessing service
			providers.
Legal Assistance			Housing issues, consumer
			fraud, elder law, health law,
			government benefits, family
			and children issues.
Hearing Aids			Screening and financial
			assistance to purchase.
Dental Care			
Handyman Services		1	Health and safety related
for Home Safety			improvements for the
,			home. Includes
			accessibility modifications.
Help Bathing, Dressing, etc.			Personal Care
Emergency Cell Butter			Cimilar to Lifeline museum
Emergency Call Button			Similar to Lifeline program.
Vision Aids			Low vision assistive
			devices.

8. Please add anything else you want us to consider and attach it to this form.